

# The 10 Festivals of the Rose Lineage Wheel

<b>Festival</b>	<b>Date</b>	<b>Deity</b>	<b>Major Arcana</b>	<b>Theme</b>	<b>Somatic Practice</b>
<b>Imbolc / Candlemas</b>	1–2 Feb	Mother Mary / Seshat	High Priestess	Hidden buds, purification, light quickening	Candle-gazing (trataka)
<b>Spring Equinox</b>	20–21 Mar	Isis	Star	Revitalisation, vision, hope	Alternating nostril breathing
<b>Beltane</b>	1 May	Hathor	Lovers	Fertility, joy, sacred union	Free-form dance
<b>Summer Solstice</b>	20–21 Jun	Bastet	Sun	Radiance, play, sensual delight	Cat-like stretching
<b>Feast of Magdalene</b>	22 Jul	Mary Magdalene	Empress	Initiatrix of Rose Mysteries	Heart-coherence meditation
<b>Lion's Gate</b>	8 Aug	Sekhmet	Strength	Solar fire, courage, fierce love	Vocal toning / roaring
<b>Lammas / Harvest</b>	1 Aug	Renenutet	Wheel of Fortune	First fruits, nourishment, destiny's turning	Belly-to-earth resting pose
<b>Autumn Equinox</b>	22–23 Sep	Ma'at	Justice	Truth, justice, balance	Standing balance pose
<b>Samhain</b>	31 Oct	Anubis & Nephthys	Death	Ancestors, death, underworld initiation	Slow forward folds
<b>Winter Solstice</b>	21–22 Dec	Eye of Ra / Black Madonna	Devil	Root & Thorn, womb work, shadow work, dream journaling	Womb breathing